

P12. AUTOIMMUNE HEMOLYTIC ANEMIA – CASE REPORT.

Sasu Alciona^{1,2}, Laza Damian², Onel Mircea¹, Zdremtan Dana², Para Cristina¹, Cotoraci Coralina^{1,2}

¹ „Vasile Goldiș” Western University of Arad, Romania

² Hematology Clinic, Emergency Clinical County Hospital of Arad, Romania

Autoimmune hemolytic anemia is a disorder that affects the quality of life of a patient by its somewhat unpredictable occurrence of the acute episodes and the constant dilemma concerning its idiopathic or secondary occurrence.

In this paper the authors wish to present the case of a woman with autoimmune hemolytic anemia, diagnosed in 2003, followed in the Hematology Clinic of Arad. In the first years, the acute episodes of disease appeared every few months ; since 2010, the acute episodes became more frequent, even at three weeks. The patient was complex investigated for a possible disorder that could lead to a secondary hemolysis ; the clinicians weren't able to detect such a cause. In parallel with increasing the frequency of the acute episodes, the patient presented a marked increase in the size of her spleen, which rised the suspicion of a splenic lymphoma. The patient refused any intervention that could establish the diagnosis of a lymphoma. The patient's condition gradually deteriorated until March 2013. She was periodically followed and the patient came to the Hematology Clinic of Arad in March 2013 with a clinical status much improved overall, biological - mild anemia and the splenomegaly greatly reduced in size compared to previous hospitalization (1 month before). In the meantime, the patient didn't take any medication but folic acid therapy. This patient has raised the interest of the team of clinicians from the Hematology Clinic of Arad, this paper also wishes to debate the possible causes that could lead to patient improvement.