

P11. THROMBOTIC AND HEMORRHAGIC COMPLICATIONS IN POLICITEMIA VERA.

Mihai Ioniță, Ioana Ioniță, Maria Chevereșan, Despina Călămar, Mihaela Delamarian, Claudiu Ioniță, Dacian Oroș, Ovidiu Potre-Oncu, Hortensia Ioniță

University of Medicine and Pharmacy „Victor Babeș”, Timișoara, Department of Hematology, Timișoara

Introduction. Polycythemia vera (PV) belongs to the bcr-abl negative group of myeloproliferative disorders, characterized through the JAK2V617F mutation. Thromboembolism and bleeding events are complications with a negative impact on overall survival.

Aim. We studied thrombotic and hemorrhagic complications for a group of patients diagnosed with PV in accordance with the WHO 2008 and the possible correlations between the thrombotic/bleeding events and clinical and laboratory variables of PV.

Method. We retrospectively analyzed the incidence of arterial and venous thrombosis and hemorrhagic events and their connection with the clinical and laboratory variables and overall survival.

Results. We evaluated 132 patients: 78 patients were female and 54 patients were male. At diagnosis 38% were asymptomatic, 24% had splenomegaly and 15% hepatomegaly. A thrombotic episode was reported at 35 patients (26,5%) during the evolution of the disease, and 11% patients were with bleeding episodes. The most frequent were the arterial episodes. Median time and the median curve between diagnosis treatment and the thrombotic event was 190 and 149 days. Median values of Ht, Hb, MCV, WBC and PLT were 53,8%, 17,5g/dl, 82, 8fl, 1105x 10⁹/L si 620x10⁹/L. Also LDH level was elevated in 41% patients. Median value of serum erythropoietin level was 6,75μ/ml. Bone marrow biopsy revealed panmyelosis in 58%, fibrosis in 28%. Antiplatelet and anticoagulant therapy was administered in 69% and 7% respectively.

Platelets, leukocytes and hematocrit level at diagnosis was not statistically significant between patients who presented a thrombotic/bleeding event and the patients without this events. Values of the

hemogram parameters presented significant differences between thrombotic/bleeding events and their level at diagnosis. Median follow-up time was 40 months (0,5-148). 16 deaths were recorded and the survival at 5 and 10 years was 87%, 68% respectively. Age >65 years and the presence of a thrombotic / bleeding event were unfavorable prognostic factors for overall survival.

Conclusions. It was revealed a high incidence of thrombotic/bleeding complications in PV patients. Leukocytosis has been suggested as a risk factor for thrombosis, but in our study no parameters analyzed did not influence significantly the occurrence of bleeding/thrombotic event.